

Jan Wallen

The Top 10 Ways to Leave Corporate Behind, Be your Own Boss & Love Your Life

Congratulations on realizing that your corporate life may not be the one you love, and you may want to leave it behind. In making my transition, in rebranding so I'm living the life I love, and in working with my clients, I've found there are 10 things you can do *now*. Each of these is a part of my *Love Your Life* program that makes it easier for you to leave corporate behind. We go into each in depth, plus building the foundations for your successful business.

1. Commit to doing it – Absolutely. Be 100% All-In with your decision. Even if you don't know how or what you'll do.

“You don't have to be great to get started. You have to get started to be great.” -- Les Brown

2. Wake Up Earlier – even 10 minutes.

“5 AM – When Legends are either waking up or going to bed.” --Anonymous

- Take this time for yourself and making your new lifestyle happen.

3. Follow a morning routine that supports your commitment.

“Love the life you have while you create the life of your dreams. Don't think you have to choose one over the other.” Hal Elrod

- ***The Miracle Morning*** book by Hal Elrod is an excellent one, and I highly recommend it. I use it myself, and it's made a huge difference in making the big shift that I've been making this year – rebranding my business and myself so that I love my life. I've always been a “5 AM” person. This has added structure that's kept my new life on my radar screen, even when I'm very busy.
- Try it out for 30 days [here](http://bit.ly/2rxF9KO) (<http://bit.ly/2rxF9KO>)

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4. Simplify. Define your WHY.

“There is no greater gift you can give or receive than to honor your calling. It’s why you were born. And how you become most truly alive.” — Oprah Winfrey

- Write down why you want to leave corporate behind. Simply start writing, and write whatever comes to mind.
- Then figure out your WHY – the Big reason you’re here, your Purpose. Go online and answer the questions in Stephen Covey’s Mission Statement creator:
 - Create your Mission Statement -- Stephen Covey’s Mission Statement Builder [here](http://bit.ly/2qzyqek) (<http://bit.ly/2qzyqek>)

5. Decide on the #1 thing you can do today toward the Life You Love, now that you know your Big WHY.

“When your values are clear to you, making decisions becomes easier”. -- Roy E. Disney

- Write it down, and put it where you can see it or pull it out of your wallet several times a day.
- Look at your Big WHY at least 3 times a day.
- Buy colored dots from an office supply store. Put them everywhere – on your calendar, phone case, computer, desk, cabinets, pencils – everywhere! Every time you see them, think of the Life You Love and your commitment to it. These are now reminders that keep your commitment and goals on track.

6. Ask yourself *What Will It Take?* – to get from where you are now to the Life You Love. Take some uninterrupted time when you’re away from work to write it down. For example, time to build the foundation for your new business, a business plan, replacing your income, turning down a promotion that would result in adding hours and hours to your schedule, taking away from your commitment. Create a document or start a separate notebook for your lists.

“The only limit to your impact is your imagination and commitment.” -- Tony Robbins

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7. **Set your 100-day Goal.** Be sure it's a S-M-A-R-T Goal (Specific, Measurable, Attainable, Relevant and Timebound)

*“Invest in yourself. When you do this, you press the Fast-Forward button on your Success”--
John Lee Dumas*

- ***The Freedom Journal*** by John Lee Dumas helps you set your SMART 100-day goal, and work toward it every day. If you're serious about leaving corporate behind and trading it for the life you love, ***The Freedom Journal*** is your best constant companion.
- Try it out for 30 days [here](http://bit.ly/2s6TESR) (<http://bit.ly/2s6TESR>)

8. **Devote consistent time to it every day.** Now you have your 100-day SMART Goal and you're on your way to the Life You Love. Work in a concentrated way. When you're busy, wake up 10 minutes early and focus on it during your Miracle Morning routine. Or while you're drinking your coffee or having lunch. When you do this, not only do you make progress every day toward your Big goal, your mind relaxes because your brain knows you're making progress on it.

*“I have a motto on my bedroom wall: ‘Obstacles are what you see when you take your eye off the goal.’ Giving up is not my style. I just want to do something that’s worthwhile.” —
Chris Burke*

- To easily do concentrated work, use ***The Mastery Journal*** by John Lee Dumas. It's based on the Pomodoro method of time management, enhanced by John Lee Dumas. You set a timer and start your concentrated work session, and then when the timer goes off, take a break. Then start another concentrated session. Repeat.
- When you do this, not only do you make progress every day toward your Big goal, your mind relaxes because your brain knows you're making progress on it.
- Find out more [here](http://bit.ly/2qswN6Q) (<http://bit.ly/2qswN6Q>)

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9. **Look at your *What Will It Take?* List and Prioritize it.** Choose the Top 10, and then prioritize them. One way to do that is to compare one to another one, one at a time. For example, take Item #1 on the list and compare it to Item #2. Compare the winner of that to Item #3. Repeat.

“The key is not to prioritize what's on your schedule, but to schedule your priorities.” -- Stephen Covey

10. FOCUS!!! FOCUS!!! FOCUS!!!

F.O.C.U.S. – Follow One Course Until Success. Robert Kiyosaki

Be sure you spend focused, concentrated time on your commitment to the Life Your Love every week. Keep it in front of you with Creative Visualization, *The Miracle Morning routine*, *The Freedom Journal* and *The Mastery Journal*. The amount of time may vary. Keep it going no matter what. And FOCUS.



After a successful corporate career as a top producer sales executive, national marketing executive, and LinkedIn, social media and media authority -- I've left corporate behind. I'm my own boss (gladly), and am creating and living the life I love. I'm also adding six figures to my bottom line, doing what I love.

I've made good decisions, and I've made mistakes.

Now I'm working with successful people who want to do the same thing, so that they can make the shift faster than I did – and without the mistakes I made.

If you're thinking of leaving corporate behind, and you're open to a conversation about the best way for you to do that, call me right away at (203) 545-6104. We'll create a crystal clear vision of your leaving in the best way, uncover things that may be holding you back, and map out your next 60 days to living the Live you Love.